

Personal Best Times

		2014	2015		
Paul	Cheetham		20:16.980		
Shaun	Phillipson	22:40.400	20:35.360		
Chris	Walker	23:15.500	21:35.500		
Noor	Hassan	22:49	21:37.500		
David	Rath		21:51.840		
Chris	Jones	23:40	22:32.240		
Phil	Kooper	22:33	22:34.720		
Mark	Woodcock		22:40.000		
Ben	Saunders	24:50	22:44.820		
Richard	Evans	25:50	23:38.940		
Darryl	Sharp	26:55.100	23:52.000		
Allen	Crossland	24:18	24:00.390		
Nigel	Allen	24:18.200	24:04.000		
Vernon	Van Wyk	24:46.900	24:21.770		
Stoney	Steenkamp		24:23.040		
Ollie	Grogono		24:26.000		
Kenny	Hubbard		24:26.790		
Jeremy	Grogono	24:37.400	24:33.870		
Jon	Williams		24:37.350		
Anders	Mard		24:39.390		
Robert	Evans		24:40.220		
John	Raispis		24:48.000		
Roy	Janssen		24:56.620		
Mark	Galea	25:42	24:59.800		
Ian	Thomas		25:14.790		
Ronald	Van Der Put	26:56	25:41.460		
Neil	Bathe		25:54.270		
John	Nicholson		26:13.720		
Andy	Watt	27:55	26:18.020		
Mark	Lilly	26:44.600	26:38.780		
Patrick	Mwazighe		26:57.630		
Kevin	Vella		27:00.320		
Paul	Fabian		27:00.680		
Tiger	Williams		27:05.000		
Alex	Zafi		27:21.420		
Sam	Hamdy		27:35.000		
Grant	Price		27:53.940		
Godelio	Javier		28:00.910		
Hillary	Curry		28:01.580		
Steve	Wakeham	27:33	29:19.010		
Richard	Recroeux	23:04			
Simon	Aspden	23:52.500			
Stuart	Rich	25:11.800			
Darren	Ketteringham	25:24.100			
Maurizio	Piccoli	25:33.800			
Pat	O Shea	26:13			
Joe	Gatt	26:14.300			
Ross	Ferguson	26:20			
Andre	Aubry	26:27.600			
Steve	Harding	26:30			
Greg	Perkins	26:43.900			
Liset	Burguera	26:54			
Richard	Willmoth	27:23.500			
Kieran	Dempsey	27:41.200			
Mark	Hess	28:03			
Andy	Churchill	28:15			
Jonny	Chao	28:18			
Matt	Wood	28:22.900			
Richard	Stone	28:57			
Grant	Price	29:05.400			
Michiel	Visser	30:59			
Nacho	Hernandez	32:21.200			
Kathryn	Evans	37:17			